

Recipes in the front section are from the alongwell.com site or are from family.

Recipes in the back section is a collection of favorites, frequently used or not on alongwell.

# LONGWELL RECIPE BOOK

### Table of Contents

Wendy's 7 Layer Bars	Pg 3	Pg 26	No Bake Cookies
7 Layer Salad	Pg 4	Pg 27	Jenny's Noodles
Desi's Apple Cake	Pg 5	Pg 28	Aunt Nellie's Orange Drop Cookies
Laura's Apple Crisp	Pg 6	Pg 29	Peanut Butter Fudge
Banana Bread	Pg 7	Pg 30	Desi's Pina Colada Zucchini Bread
Jenny's Banana Creme Pie	Pg 8	Pg 31	Jenny's Pink Stuff
Beets for Pickled Eggs	Pg 8	Pg 32	Pumpkin Cake
Pickled Beets	Pg 10	Pg 33	Pumpkin Rolls
Cathy's Slush	Pg 11	Pg 34	Ranch Chicken
Chocolate PB Krispy Treats	Pg 12	Pg 35	Mom's Sloppy Joes
Cookies in a Jar	Pg 13	Pg 36	Spanish Buns
Cowboy Beans	Pg 14	Pg 37	Desi's Stuffing Balls
Mae's Dill Dip	Pg 15	Pg 38	Mom's Sugar Cookies
Janet Victory's Dilly Beans	Pg 16	Pg 39	Taco Dip
Desi's Dutch Apple Pie	Pg 17	Pg 41	Amish Friendship Bread
Cubby's Funnel Cakes	Pg 18	Pg 42	Basic Biscuit Supreme
Ground Beef and Cabbage	Pg 19	Pg 43	Chicken Crescent Wrap
Roy's Homemade King Butter	Pg 20	Pg 44	Fudge Brownies
Roy's Top Tater Pancakes	Pg 21	Pg 45	Olive Cheese Bread
Jenny's Macaroni & Potato Salads	Pg 22	Pg 46	Pat's Zucchini Nut Loaf Recipe
Grandma Mae's Little Cheesy Meat Loaves	Pg 23	Pg 47	Tilapia with Veggies Foil Bake
Miniature Cheesecakes	Pg 24	Pg 48	Tuna Quesadillas
Molasses Cookies	Pg 25	Pg 49	Wanda's Homemade Meatloaf



## WENDY'S 7-LAYER BARS

Heaven in a cake pan.

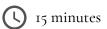
### **INGREDIENTS**

1 stick melted Margarine
1 C Graham Cracker Crumbs
1 C Coconut
1 C Butterscotch Chips
1 C Chocolate Chips
1 C Nuts
1 can Sweetened Condensed
Milk

### **DIRECTIONS**

- 1. Layer ingredients in order in a 9 X 13 cake pan.
- 2. Pour milk evenly over top
- 3. Bake @ 350 F for 30-35 minutes
- 4. Cut when semi-cool.

### 7 Layer Salad



This is a perfect dish for pot lucks because it makes plenty and is incredibly yummy!



#### **INGREDIENTS**

Lettuce

Broccoli and/or cauliflower

Peas (frozen or canned)

Mayonnaise

Ranch Dressing (powdered)

Shredded or chunked cheddar cheese

Bacon or bacon bits

### **DIRECTIONS**

- Shred some lettuce and place in a cake pan type vessel as a lower layer.
- 2. Put the broccoli and/or cauliflower on top of it in small pieces scattered around.
- 3. Let the peas mostly thaw if they are frozen or drain if they are canned. Put them as the next layer.
- 4. Add mayonnaise to the top. Just sort of plop it around and spread it out until the whole pan is covered.
- 5. Sprinkle the dry ranch mix over the mayo.
- 6. Now add as much cheese as you like in your salad type dishes and then crumbled bacon or bacon bits to the top.
- 7. Chill until time for serving and mix well before serving.

#### **NOTES**

Makes any number of servings, depending upon how much of each ingredient you use. 1/2 head lettuce, 2 lbs of broccoli/cauliflower will make about 12 servings, but you WILL eat more than one serving.. Probably more than two servings. :P

# Desi's Apple Cake

### SIMPLE RECIPE

### Ingredients

- 1 c oil
- 2 ½ c sugar
- 4 eggs
- 3 c flour
- 2½ tsp vanilla
- 3 tsp baking powder
- 1/3 c orange juice
- 4 medium Macintosh apples, peeled and diced
- 2 tsp cinnamon
- 7 tsp sugar

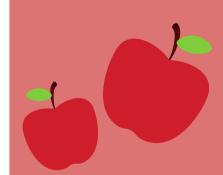


### **Directions**

- 1. Grease and flour bundt pan.
- 2. Dice apples and mix with cinnamon and sugar.
- 3. Mix all remaining ingredients.
- 4. Pour 1/3 of batter into pan, then a 1/3 of the apples, repeat twice.
- 5. Bake at 350 degrees for 1½ hours.

### Notes

Apple Pie is American. Apple Cake is worldwide!



# LAURA'S Apple Crisp

Apple Crisp is that extra special dessert that is a snap to make and will make you seem like a chef of sugary goodness!

## Ingredients

- 4 C sliced apples
- ¾ C Brown Sugar
- ½ C Flour
- ½ C Oats
- 1 t cinnamon
- <sup>3</sup>/<sub>4</sub> t nutmeg
- 1/3 C softened butter

Method

- 1. Mix everything but the apples.
- 2. Spray pie pan with Pam
- 3. Put crumb mixture over top of apples in pie pan
- 4. Bake @ 350° for about 30 minutes.





### Banana Bread is yummy anytime!

TEMP: 350° PREPPING TIME: 15 MIN COOKING TIME: 30 MIN

### **INGREDIENTS**

3 Bananas, Mashed (and overly ripe) ½ cup Crisco 1 cup sugar

2 eggs

2 cups flour

1 teaspoon baking soda

½ teaspoon baking powder Pinch of salt

### **DIRECTIONS**

1. preheat oven to 350 degrees.

2. spray bread pans with non-stick cooking spray

3. Cream sugar and Crisco in a large bowl

4. add bananas and eggs and mix

 ${\it 5.}$  add all other dry ingredients and mix well

6. fill 3 mini-loaf pans ¾ of the way full

7. bake 30-ish minutes until golden brown and a toothpick comes out clean. Note that if you are baking full sized loaves your timing will be off and you'll need to check more often.



# JENNY'S BANANA CREME PIE

Bananas and pie go together like peanut butter and jelly.

## INGREDIENTS

2 Boxes of vanilla instant pudding

1 Graham cracker crust

Bananas

### DIRECTIONS:

Mix awesome and fun Make pudding

Line crust with Sliced bananas

Add layer of pudding

Add layer of bananas

Add remainder of pudding

Chill for one hour



# Beets for Pickled Eggs



Pickled eggs are better than any dessert known to man. FACT. Beet juice stains like a monster. Clean up immediately after even the slightest spill.

### **INGREDIENTS**

- 2 bunches whole beets with greens (approximately 6-8 beets)
- 1 pint vinegar
- 1 1/4 C Sugar
- 2 T salt
- 6 whole cloves
- 1 stick cinnamon (about 3")
- 3 medium onions, sliced



### **DIRECTIONS**

- Rinse beets well
- Cut greens off 1" above beet leave root on beet.
- Boil beets in 2 qt saucepan until tender
- Remove beets from water and save beet water
- Remove skin from beets (easiest when they are hot)
- Slice Beets
- Mix all listed ingredients except beets and mix well. We call this the vinegar mix.
- Mix vinegar mix with some beet juice and cook on stove until hot
- Add sliced beets and sliced onions
- Cook mixture over medium heat until onions are tender
- Allow to cool, add boiled eggs, and refrigerate.
- Wait 3-5 days.
- eat eggs. Make more. Put the eggs in the already made beet juice.
- rinse, lather, repeat.





This recipe is from Jenny's collection and may contain incomplete directions.

It is not in Jenny's handwriting. Not Cathy's either. Not sure.

Remember, this is Jenny's recipe. don't shoot the messenger.;)

### **INGREDIENTS**

- 24 small beets (or larger sliced)
- 1 Cup liquid beet juice
- 1 pint vinegar ( I use brown )
- 1-1/4 Cup sugar
- 2 Tablespoon salt
- 6 whole cloves
- 13" Cinnamon stick
- 3 medium onions, sliced



### **DIRECTIONS**

- Wash Beets. Remove beet tops (leaves) leaving roots and 1" stem.
- Cover with boiling water and cook until tender
- Drain -- reserve cooking liquid -- remove skins and slice
- Continue cooking 1 Cup of liquid (or however much juice you want) add vinegar, sugar, and salt add spices and bring to a boil.
- Add sliced beets and onions then simmer for at least 5 minutes
- Remove spices and continue simmering while quickly packing beets
  and onions into pint jars. Fill jars to 1/2" top top- clean jar top put on
  lid and ring then put in boiling H20 canner for 10 minutes.





This is one for the adults.

This is a surprisingly delicious treat that was always a new year's eve staple in our family.

2 Cups Whiskey
12 oz. lemonade (frozen)
6 oz. orange juice (frozen)
1 cup sugar
1 cup water with 4 tea bags steeped in it
7 cups of water

Mix and Freeze Serve with Sprite or 7-up



## CHOCOLATE P.B. KRISPY TREATS

The whole world loves Rice Krispy Treats. The whole galaxy loves Chocolate Rice Krispy Treats. The entire known and unknown universe loves Chocolate Peanut Butter Rice Krispy Treats. Make some for the aliens in your house today.



# Ingridients:

1 C KARO LIGHT SYRUP
1 C SUGAR
1 C PEANUT BUTTER
6 C RICE KRISPIES
1 C CHOCOLATE CHIPS
1 C BUTTERSCOTCH CHIPS



# Procedure:

- HEAT THE KARO AND SUGAR BUT DO NOT ALLOW TO BOIL.
- . STIR THE PEANUT BUTTER INTO THE HOT LIQUID.
- · POUR THIS FROTHY MIXTURE OVER THE RICE KRISPIES.
- . MIX AND PRESS INTO BUTTERED OBLONG CAKE PAN.
- MELT THE CHOCOLATE AND BUTTERSCOTCH CHIPS AND FROST THE CEREAL MIXTURE WITH PATTERNS OF CHOCOLATE AND BUTTERSCOTCH.
- ALLOW TO COOL COMPLETELY IN FRIDGE BEFORE CUTTING.





# Cookies in a Jar

Cookies in a Jar? Indeed. Well, sort of.

### **Ingredients**

14 C Sugar

1/2 C Brown Sugar

1½ C Flour

34 t Baking Soda

½ C Chocolate / White Chocolate

/ Butterscotch chips (your choice)

14 t Baking Powder

½ C chocolate covered candy

½ C quick oats

½ C Cocoa Crisped Rice Cereal

1/2 C Butter

2 Eggs

½ t vanilla

**Bake** : 350°

Cook Time : 10-12 minutes

### **Directions**

- 1. Combine all ingredients except last 3 and place in jar.
- 2. When ready to cook, Add butter, egg, and vanilla
- 3. Spoon into cookies or use cake pan for bar cookies
- 4. Bake





# Conboy Benns

THIS RECIPE WILL HAVE YOU MAKING A CAMPFIRE AND SINGING HOME ON THE RANGE!

### INGREDIENTS

### DIRECTIONS

1 medium onion 1 pound ground beef 1 t salt

1/2 C brown sugar

1 C ketchup

2 T mustard

2 t vinegar

1 tbs cocoa

1 can pork & beans

1 can kidney beans

1.Brown and drain the chopped onion and burger.

2.Put everything into a crockpot

3.Cook on low for 3+ hours or on high for less time.

Add Chopped Hot Dogs For Even More Cowboy
 Fun



# MAE'S DILL DIP

### Ingredients

- 1 Cup sour cream
- 1 Cup Hellman's Mayonnaise
- a few drops of Tabasco sauce
- 1 Tablespoon grated onion
- 1-1/2 Tablespoon parsley flakes
- 1-1/2 Teaspoon dill weed
- 1/2 Teaspoon salt

### Directions

Mix and let set overnight (I'm assuming in the fridge)

Note: This recipe is from Jenny's collection and may contain incomplete directions. It is in Mae Null's handwriting.

# Janet Victory's Billy Beans

This recipe is from Jenny's collection and may contain incomplete directions.

This recipe is intended to be canned

### Ingredients

Beans

2 C Vinegar

2 C Water

1/4 C salt

1/4 t red pepper seed

1 clove garlic

1 flower dill

### Method

- 1. Clean whole beans and cook until tender
- 2. Sift the dry ingredients together and add alternately with the milk.
- 3. Pack beans into hot jars and add pepper seed, garlic and dill
- 4. pour hot solution over beans and seal

I do not know the yield on this recipe, only that Janet was a very dear friend of Jenny's and I feel Jenny would be honored with the inclusion of the recipe.

### DESI'S FRENCH APPLE PIE

Apple Pie might be considered American but give this French style pie a toss and you'll never go back!

#### CRUST INGREDIENTS

1 cup all-purpose flour
½ cup plus 1 tablespoon shortening
2 to 3 tablespoons cold water



#### CRUST DIRECTIONS

- 1. Measure flour and salt into bowl.
- 2. Cut in shortening thoroughly.
- 3. Sprinkle in water, one tablespoon at a time, mixing until all flour is moistened and dough almost cleans side of bowl (1 to 2 teaspoons water can be added if needed).
- 4. Gather dough into ball, shape into flattened round on lightly floured cloth-covered board.
- 5. With floured covered rolling pin, roll dough 2 inches larger than inverted pie pan.
- 6. Fold pastry into quarters; unfold and ease into pan.

## APPLE FILLING INGREDIENTS

34 cup sugar
14 cup all-purpose flour (if using selfrising flour omit salt)
15 teaspoons cinnamon
Dash of salt
6 cups thinly sliced pared tart apples

#### TOPPING

- I.Mix I cup all-purpose flour, (do not use self-rising flour for this recipe)
- 2.1/2 cup firm butter or margarine
- 3.½ cup brown sugar (packed)
- 4. Stir until crumbly.
- 5. Add to top of apples.

#### BAKING DIRECTIONS

Preheat oven to 425 degrees. Bake 50 minutes.

Cover topping with aluminum foil last 10 minutes of baking if top browns too quickly.

Best served warm.



For a taste of the fair or carnival at home or just a decadent way of enjoying some ice cream and fruit, try our Funnel Cakes!

### Ingredients

- 2 eggs
- 2 C Flour
- ½ t salt
- 1½ C Milk
- 2 T Sugar
- 1 t Baking Powder
- 2 t vanilla

### INSTRUCTIONS

- 1. Mix all
- 2. Fill funnel with mixture
- 3. Fry in hot oil
- 4. Top with fresh fruit, ice cream, and / or confectioner's sugar

# Ground Beef and Cabbage

## INCLUDES JENNY AND MARY JANE'S ADDITIONS

### **INGREDIENTS**

- 1 large head of cabbage, finely chopped
- 1 (14.5 oz) can diced tomatoes with juice
- 1 onion, halved and thinly sliced
- 1 Tbsp Italian seasoning
- 1-2 Green Peppers
- Salt and Pepper to taste
- 1 lb lean ground beef

### **DIRECTIONS**

- 1.Combine all, leaving the ground beef sprinkled on the top
- 2. Simmer until cabbage is tender and ground beef is cooked, about 45 minutes, stirring occasionally
- \* Mary Jane's recipe called for rice mixed in with ground beef to make meatballs
- \*\* Jenny's recipe calls for 3 layers of cabbage, onion, green peppers, rice and ground beef spread across the pan, then add 1 can of tomatoes with juice and about ½ cup of water. Just make sure it's barely over the cabbage.



# ROY'S HOMEMADE KING-BUTTER

One day when you've awoken from a pleasant slumber to the scent of a warm brioche smothered in marmalade and fresh creamery butter, you'll understand that life is not solely composed of tasks, but tastes.

### Ingredients

- 11b margarine (4 sticks)
- 1 Cup peanut oil
- 1 Cup Butter Milk

### **Directions**

1. Place in mixer and beat until well mixed.







# ROY'S TOP-TATER PANCAKES

They only become latkes if you wear a Yarmulke when preparing or eating

## INGREDIENTS

1 - 26oz bag frozen shredded Potatoes

(or ½ shredded or mashed)

2 TBSP flour

½ - ¾ tsp Thyme

3 Jumbo eggs or 4 large

3 green onions or a finely chopped

medium one

4 TBSP olive oil or corn oil



## DIRECTIONS

- 1. Mix all ingredients in large bowl spoon onto hot griddle.
- 2. Spread into ¼" pancakes
- 3.cook about 8 min each side til brown and crispy
- 4. serve with hot apple sauce and or sour cream







# Tenny's Macaroni & Potato Salads

1/2lb elbow macaroni (replace with potatoes for potato salad or shredded cabbage for slaw)

## DRESSING INGREDIENTS

2 cups mayonnaise
3/4 cup sugar
little bit vinegar
splash of milk
salt and pepper to taste
celery seed

mustard (potato salad only)
onions (potato salad only)
celery (if desired)
diced tomato (if desired)

## DIRECTIONS

- 1.boil macaroni (if potato salad, boil and peel potatoes if coleslaw, shred cabbage)
- 2.boil eggs
- 3.drain in cold water
- 4. Cream sugar and mayo in a large bowl
- 5.add vinegar to taste and combine (this may take a lot of tasting yes, you can overdo it)
- 6.add eggs, celery, and milk



# Miniature Cheesecakes



Miniature Cheesecakes: Not just for little people anymore.

### Ingredients:

2 8-oz packs cream cheese <sup>3</sup>4 C Confectioners Sugar 1 t vanilla Cherry Pie Filling Vanilla Wafers

#### Procedure:

- 1.Mix cream cheese, sugar and vanilla well.
- 2. Put vanilla wafer in the bottom of a cupcake paper in a cupcake pan.
- 3. Fill Cupcake paper with cream cheese mixture
- 4. Top with Cherry Pie Filling (but don't forgot those of us who don't like anything on their cheesecake!)



# MOLASSES COOKIES

Molasses Cookies have the flavor of centuries ago.

## INGREDIENTS

½ C. Oleo

½ C Crisco

1½ C Sugar

1/2 C Molasses

2 Eggs

4 C Flour

½ t salt

2¼ t Baking Soda

2¼ t Ginger

1½ t Ground Cloves

1½ t Ground Cinnamon

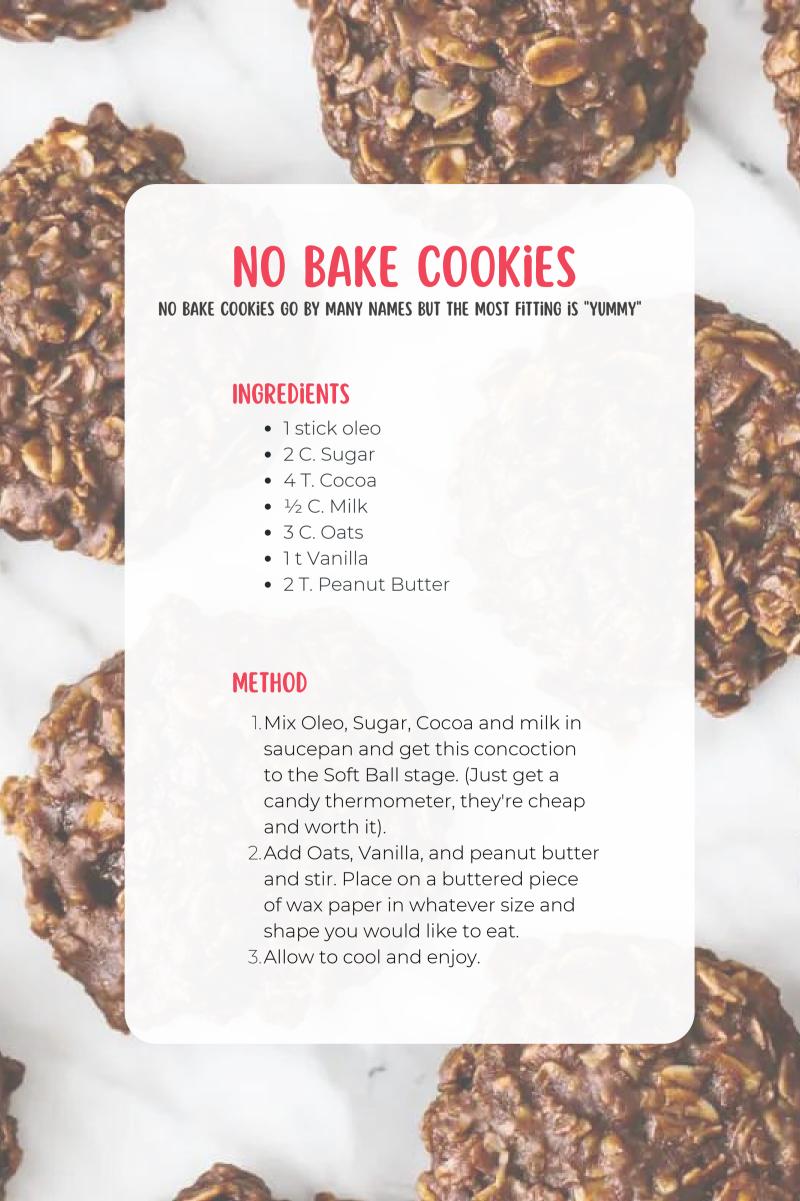
## STEPS

1. Mix it all up and bake it at 350 F until they seem done

(toothpick test is a good way to check)







# Jenny's Noodles

This recipe is from Jenny's collection and may contain incomplete directions. I think this is young Jenny handwriting but I could be wrong.

### Ingredients

ı egg

2 T milk

ı/2 t salt

1 C sifted flour

### Method

- 1. Combine egg, milk and salt.
- 2. Add enough of the flour to make stiff dough
- 3. Roll thin on floured surface.
- 4. Let stand 20 minutes
- 5. roll up loosely and cut into 1/4" strips
- 6. unroll and spread out
- 7. allow to dry for 5 hours
- 8. Cook uncovered for 10 minutes

### Storage

\* place uncooked in plastic bag & freeze

## Aunt Nellie's Orange Drop Cookies

#### **Ingredients**

- 1 Cup Crisco
- 2 Cup Sugar
- 2 eggs
- juice of 1 orange
- 2 teaspoon baking powder
- 1 teaspoon baking soda
- 1 Cup milk
- 4 Cups flour

#### **Directions**

- 1.350°
- 2. Put grated orange peel and juice into frosting.

This recipe is from Jenny's collection and may contain incomplete directions. This recipe is written in Jenny's handwriting.

Remember, this is Jenny's recipe. don't shoot the messenger.;)





### **INGREDIENTS**

3-1/3 Cup confectioner's sugar 6 Tablespoon oleo 1/2 Cup milk 7 oz Marshmallow fluff 1/2 Cup peanut butter

### **DIRECTIONS**

- 1. combine Sugar, oleo and milk, boil 3-1/2 minutes
- 2. remove from heat
- 3. Add marshmallow fluff and peanut butter

### **NOTES**

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### DESI'S PINA COLADA ZUCCHINI BREAD

### Ingredients:

3 cups peeled and grated raw zucchini

3 cups sugar

1½ cups veggie oil

4 eggs

4 cups flour

2 teaspoon baking powder

1½ teaspoon salt

1 teaspoon baking soda

½ cup chopped nuts

1 cup crushed pineapple, drained 20 oz can

1 teaspoon vanilla

1 teaspoon coconut flavoring

1 teaspoon rum flavoring



### Directions:

Mix the first 4 ingredients and beat for 2 minutes.

Add the 3 flavorings and the pineapple.

Sift flour baking powder, salt and soda.

Combine the two mixtures and mix well.

Stir in the nuts.

Bake in greased and floured 9X5 loaf pan for 40-50 min. at 350 °.

# JENNY'S PINK STUFF



A Jell-o salad that tastes like my childhood

# INGREDIENTS

- 2 boxes Jell-O, prepared
- 2 cream cheese things
- 2 Cool Whip containers
- 1 can crushed pineapple, drained



# DIRECTIONS:

- 1. Prepare jell-o and put in fridge to set
- 2.Combine cream cheese, cool whip, and crushed pineapple
- 3. When the jell-o is set to the point that "You put your finger in it and it sticks to your finger":
  - a.Put Jell-o and cool whip mixture in a bowl and hit it with the mixer until you like the looks
  - b.Refrigerate until you can't stand it any more.

Start eating!







BAKE: 350 F		COOK: 55 MINS
INGRE	DIENTS	
		nuts (optional)

#### INSTRUCTIONS

- 1.Reserve 1 cup of yellow cake mix for later
- 2.Mix 1 egg, melted margarine, and remaining cake mix. Press into a 13x9 pan.
- 3. Mix together the pumpkin, remaining eggs, cinnamon, brown sugar, and milk. Spread this over the cake mixture in the pan
- 4.Cut together the reserved cake mix, powdered sugar, and cold margarine until crumbly. Add nuts to this mix if desired.
- 5. Spread crumble mix over top of pumpkin mixture.
- 6 Bake at 350 F for 55 minutes
- 7. Serve warm or cold





### CAKE

- ¾ C Flour
- ½ tsp Baking Powder
- ½ tsp Soda (Γm assuming baking soda)
- ½ tsp Cinnamon
- ½ tsp Ground Cloves
- ¼ tsp salt
- 3 Eggs
- 1 C Sugar
- 2/3 C Pumpkin

### INSTRUCTIONS

- 1. Mix all together bake at 375° for 10-13
- Sprinkle towel w/ powdered sugar and flip cake onto towel
- 3. Roll the cake in the towel
- 4.Cool ½ hour, unroll, fill, reroll

### FILLING

- 8 oz cream cheese softened
- I C powdered Sugar
- 6 Tbsp butter softened
- 6 Tbsp butter softened



## Pumpkin Rolls

### Notes

Looks like Desi or Kate's handwriting



THIS RANCH CHICKEN RECIPE MIGHT SOUND BAD BUT WAIT 'TIL YOU TASTE IT!







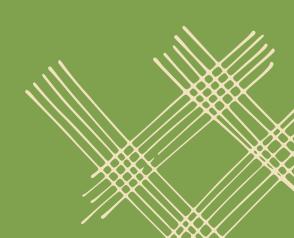
### **INGREDIENTS:**

2/3 Cup Ranch1/3 Cup Mustard1/4 Cup Brown Sugar4 chicken breasts

### **INSTRUCTIONS:**

- Combine everything but chicken.
- Put chicken into a baking dish
- Pour half of the ranch mixture over the breasts
- Bake @ 350 F for 25-30 minutes.
- Use the remaining sauce as a dipping sauce for the chicken breasts.







## MOM'S SLOPPY JOES

For sloppy joe's that don't taste like manwich, try this home made variety!

### Ingredients

- 2 lb Hamburger, browned with one diced onion fried in.
- 1 C Ketchup (Heinz is highly recommended for its flavor)
- 4 T Chili Sauce
- 2 T Brown Sugar
- 3 t Worcestershire sauce
- 2 t vinegar
- 1 t mustard

### **How to Cook?**

- Dice onion, Brown Hamburger and onion and drain.
- Mix in remaining ingredients
- Serve on hamburger buns

# SPANISH BUNS

### Ingredients

- 1 lb Hamburger
- 1 chopped onion
- 2 cans Tomato Soup
- 2 TBSP Brown Sugar
- 1 tsp Mustard
- Red Pepper Flakes

### **Directions**

- 1.Fry hamburger and onions
- 2. Add tomato soup (no water)
- 3. Add rest of ingredients
- 4. Simmer for ½ hour
- 5. Serve over hamburger buns







# DESI'S STUFFING BALLS

THESE STUFFING BALLS BLOW STOVE TOP OUT OF THE WATER! THEY ARE A BIT MESSY TO MAKE BUT THEY'RE WORTH IT, BE SURE TO HAVE EXTRA INGREDIENTS ON HAND IN CASE THE FIRST BATCH DISAPPEARS QUICKLY.

### **INGREDIENTS**

- 1LOAF BREAD CUBED
- 1/2 CUP CHOPPED CELERY
- 1 ONION-CHOPPED
- 1/2 CUP CHOPPED PARSLEY
- 1 CUP MARGARINE
- 2 CHICKEN BOUILLON CUBES
- 1EGG-BEATEN
- 1/4 CUP MILK
- 1 CAN CREAM OF CHICKEN SOUP
- 1 CAN CREAM OF CELERY SOUP
- 1 SOUP CAN OF MILK
- SALT AND PEPPER TO TASTE

### **DIRECTIONS**

Place bread cubes in Ig. bowl.

Sauté celery, onion and parsley in margarine until tender.

Add bouillon cubes, stirring until dissolved.

Pour over bread cubes.

Add egg and 1/4 cup milk; mix well.

Shape into balls.

Mix chicken soup, celery soup and soup can of milk until well blended.

Pour half the soup mixture into a 9 X 13 inch baking pan.

Arrange stuffing balls over soup mixture.

Spoon remaining soup mixture over top.

Bake, covered at 325 degrees for 1 hour

# Mom's SIGHR COOKIES



# You're gonna need:

- 1½ C Crisco
- 2 C Sugar
- 1¼ C Milk
- 2 Eggs
- 1 t Baking Soda
- 2 t Baking Powder
- 1 t salt
- 3 t vanilla
- 4 C Flour

# Instructions:

- Mix ingredients well.
- Spread some Flour on counter.
- oven(356°F) for about 10 minutes
- Roll Dough on flour until all air bubbles are eliminated and your desired thickness has been achieved.
   Add more flour if dough is too wet.
   Cut with cookie cutters.
- Bake @ 350° F until golden brown.

THIS MAKES A CRAPLOAD OF COOKIES. AND THEY'RE GOOD IN THAT, HEY, IT'S 1900 AND THIS TASTES BETTER THAN DIRT KIND OF WAY. BUT SOMETIMES THAT'S THE PERFECT COOKIE. FOR AN ICING TO THESE TRY SOME CONFECTIONERY SUGAR MIXED WITH WATER AND POURED OVER THE TOP TO DRY. FOOD COLORINGS CAN BE ADDED FOR HOLIDAY FUN.



For a perfect football gathering, try this taco dip that is sure to please

### **INGREDIENTS**

- 1. 1 lb Hamburger, browned
- 2. 1 can refried beans
- 3. Salsa and / or Taco sauce
- 4. Packet of Taco Seasoning
- 5. 8 oz Cream Cheese
- 6. Shredded Lettuce, Diced Tomatoes, Diced Onions, Grated Cheese

### **DIRECTIONS**

- 1. Brown Hamburger and drain.
- 2. Mix in refried beans.
- 3. Pam an oblong cake pan
- 4. Put hamburger mixture in cake-type pan.
- 5. Put a layer of salsa and / or taco sauce on hamburger layer.
- 6. Soften the cream cheese and mix with a packet of taco seasoning.
- 7. Put cream cheese mixture on salsa mixture
- 8. Put another layer of salsa or taco sauce
- 9. Garnish dish with lettuce, tomatoes, onions, and cheese.
- 10. Serve with Tortilla chips and beer (if desired)



# AMISH FRIENDSHIP BREAD

With this starter, you will be baking bread every 10 days. It's a very forgiving starter. I've baked a day ahead before or even up to two days late and it worked fine.

### ORIGINAL STARTER

- 1 Pkg active dry yeast
- ¼ cup warm water (110 degrees)
- 1 cup Sugar

- 1 cup All Purpose Flour
- 1 cup Milk

### INSTRUCTIONS

- Dissolve yeast in water, let stand 10
- Combine sifted flour and sugar together. Mix well so flour will not be lumpy.
- Slowly stir in milk and yeast mixture.
   Mix well.
- Put starter in a gallon Ziploc bag.
   (Do not refrigerate) Watch the
   starter very closely at first and let
   the air out of the bag as needed. It
   will bubble and ferment a lot the
   first day. This is DAY 1. Mark the
   date on your Ziploc bag and now
   you just need to follow the
   directions as you would if you
   received the starter from a friend
- DAY 2 DAY 4: Mush the bag once a day. Just pick it up and give it a few mushes.
- DAY 5: Add 1 cup milk, 1 cup sugar, 1 cup all purpose flour (this is called feeding your starter)
- DAY 6 DAY 9: Mush your bag once a day again.
- DAY 10: Pour the contents out of the bag into a non metal bowl. Add 1 ½ c milk, 1 ½ c sugar, 1 ½ c all purpose flour. Mix well. Remove 2 cups of this mixture for baking your bread.

The hard part is over. The starter is made. You have lots of it AND it's time to bake!

You have some choices here as to what to do with the remaining starter after baking:

1.Keep 1 cup of starter for yourself to begin the 10 day process over again.
Give the rest to friends. Just divide into 1 cup measurements and seal them in gallon bags. Mark DAY 1 and the date on each bag.

- 2. Keep 1 cup of starter for yourself and use the rest for baking now. Each recipe needs appx 2 cups of starter and makes 2 loaves.
- 3. Use it all to bake and make up your starter again when you decide you want to make more. Just remember it takes 10 days from start to bake.
- 4. Freeze the starter and pile lots of stuff on top of it so you have to dig it out later when you want to make bread. Believe me, it's easier just to make the starter!

I'm using the original friendship bread recipe for this post. You can add banana and even lemon. There are so many options with this bread.



# BASIC BISCUIT SUPREME

Cook Time: 10-12 min Baking Temp: 450°

# INGREDIENTS

- 2 C Flour
- ½ C Shortening
- 2/3 C Milk

# STEPS

- 1. Mix awesome together
- 2.1 said it was basic







# Fudge Brownies

30 MINUTES @ 350 DEGREES

### INGREDIENTS

- 1\2 C Butter
- 2 oz unsweetened chocolate
- 1 C Sugar
- 2 Eggs
- <sup>3</sup>/<sub>4</sub> C Flour
- ½ C Chopped Walnuts (optional)

### DIRECTIONS

- 1. Beat til combined, do not over mix
- 2.Grease an 8x8 baking dish
- 3.Bake at 350° for 30 min
- \* easy to double but put in 11x16 pan
- \*\* 6 TBSP to 2 oz

ADD if using All Purpose Flour:

- 1 teaspoon baking powder
- 1/4 teaspoon salt.



Olive Cheese Bread

Recipe courtesy of Ree Drummond

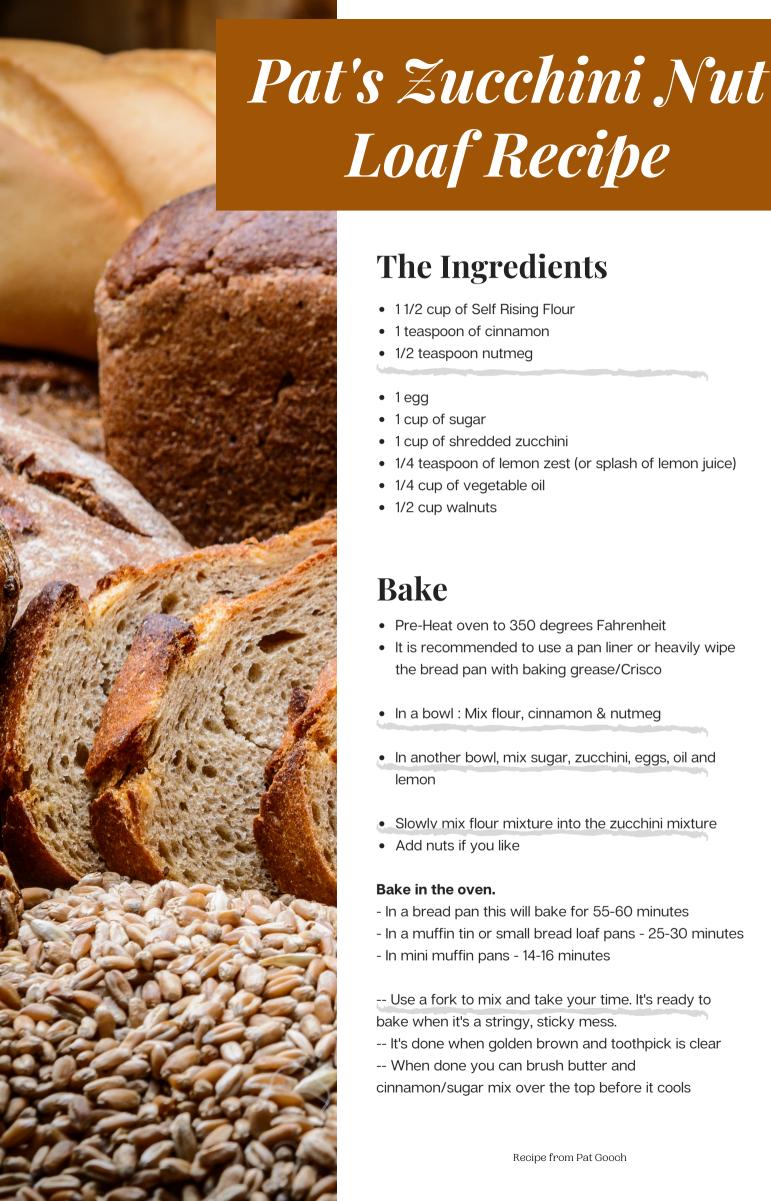
20-25 MINUTES @ 350F

### **INGREDIENTS**

- 16 oz can of black olives, drained
- 16 oz jar pimento stuffed green olives, drained
- 2 stalks green onions
- 1 stick of butter, room temp
- ½ cup mayo
- 12 oz Monterey Jack, grated
- 1 loaf of French bread sliced lengthwise

### **DIRECTIONS**

- 1. Preheat oven 350F
- 2. Roughly chop both black olives and green. Slice green onions into thin pieces.
- 3. Combine butter, mayo, cheese, olives and green onions in a mixing bowl. Stir til combined
- 4. Spread the mixture onto the French bread and bake until cheese is melted and browning 20-25 min



## The Ingredients

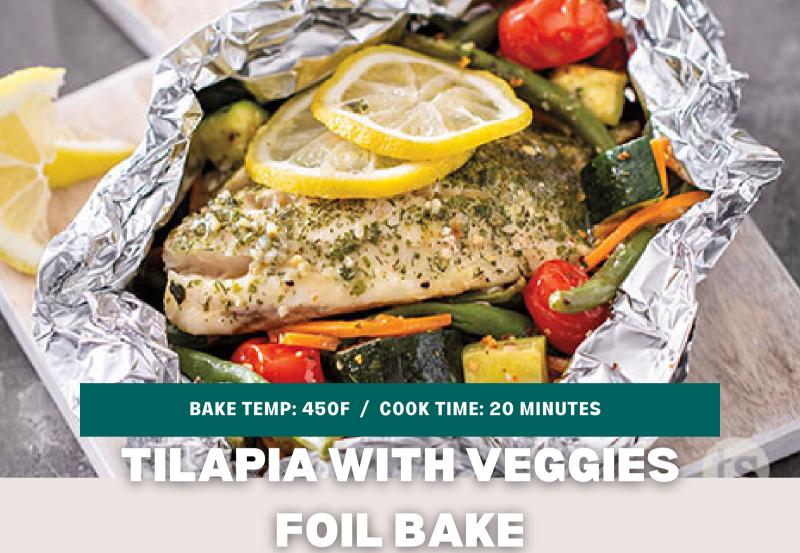
- 11/2 cup of Self Rising Flour
- 1 teaspoon of cinnamon
- 1/2 teaspoon nutmeg
- 1 egg
- 1 cup of sugar
- 1 cup of shredded zucchini
- 1/4 teaspoon of lemon zest (or splash of lemon juice)
- 1/4 cup of vegetable oil
- 1/2 cup walnuts

### Bake

- Pre-Heat oven to 350 degrees Fahrenheit
- It is recommended to use a pan liner or heavily wipe the bread pan with baking grease/Crisco
- In a bowl : Mix flour, cinnamon & nutmeg
- In another bowl, mix sugar, zucchini, eggs, oil and lemon
- Slowly mix flour mixture into the zucchini mixture
- Add nuts if you like

### Bake in the oven.

- In a bread pan this will bake for 55-60 minutes
- In a muffin tin or small bread loaf pans 25-30 minutes
- In mini muffin pans 14-16 minutes
- -- Use a fork to mix and take your time. It's ready to bake when it's a stringy, sticky mess.
- -- It's done when golden brown and toothpick is clear
- -- When done you can brush butter and cinnamon/sugar mix over the top before it cools



Good also with salmon

### **Ingredients**

- Tilapia fillets (1 per packet)
- Mrs Dash Seasoning
- Tomatoes, sliced
- Green Onions, diced
- Basil, chopped
- Lemon Juice
- Olive Oil

### **How to Cook it**

- Foil squares to wrap the fish and veggies in
- Rub a bit of olive oil on the foil so fish will not stick
- Place a tilapia fillet in the middle of the foil, add seasoning, tomatoes, onions and basil on top. Sprinkle with lemon juice.
- Wrap the foil around the fish loosely to make a packet
- Bake at 450F for 20 min

Lemon Juice can be replaced with fresh lemon slices. Fresh veggies can be cut small and added to the foil packet.



# TUNA QUESADILLAS RECIPE

### **INGREDIENTS:**

2 cans (6 ½ oz ea) tuna, drained and flaked ¼ c mayo ¼ c Salsa Flour tortillas ¾ c Shredded cheese

### **DIRECTIONS**

- 1. In a small bowl combine tuna, mayo, salsa and cheese
- 2. Place the mixture on one tortilla, spread evenly, top with other tortilla.
- 3. Cook in a non stick skillet over medium heat, flipping once until lightly golden (can use cooking spray)
- 4. Cut into triangles and serve with shredded lettuce and salsa







# Wanda's Homemade Meatloaf

### Ingredients:

- 1lb Ground Beef
- 2 Eggs
- ½ Chopped onion
- ½ -3/4 Can of Tomato Paste
- 2 tsp Garlic Powder
- · 2 tsp Paprika
- ¼ C water
- 2 Bullion Cubes
- 34 to full sleeve of crackers
- Parsley Flakes
- Ketchup for top (optional)

### **Directions**

- 1. Mix everything together (pro tip, the meat is cold so use hot water. If you put the bullion in your ¼ cup water and heat in the microwave let it cool enough to touch and use that)
- 2. Preheat oven at 400°
- 3. Cover pan with foil
- 4. Shape meatloaf and top with ketchup and parsley flakes
- 5. Bake for at least 30 minutes @ 400F
- 6. Drain grease in a cup, jar or paper towels in a bowl (meatloaf may slide)
- 7. If you prefer you can wait until now to put ketchup and parsley on



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